# FREEDOM OF SPEECH VS. ONLINE MISINFORMATION: A LEGAL AND ETHICAL BALANCING ACT

Monnaf Ali Miah, Rajiv Gandhi University

#### **ABSTRACT**

Freedom of speech is a cornerstone of democratic societies, enshrined in constitutions and international human rights frameworks. However, the rise of online misinformation—false or misleading information spread intentionally or unintentionally—poses significant challenges to this fundamental right. This blog examines the tension between protecting freedom of speech and combating online misinformation, exploring legal frameworks, judicial interpretations, ethical considerations, and potential solutions. By analyzing global perspectives and referencing landmark cases, statutes, and scholarly works, this article aims to provide a nuanced understanding of this complex issue for legal scholars, policymakers, and practitioners.

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## Introduction

The advent of the internet and social media has revolutionized communication, enabling individuals to express ideas and share information globally with unprecedented ease. However, this digital age has also given rise to the rapid dissemination of misinformation, which can undermine public trust, incite harm, and destabilize democratic processes. The clash between preserving freedom of speech and curbing misinformation raises critical questions: To what extent should speech be regulated online? What are the legal and ethical boundaries of restricting misinformation without infringing on fundamental rights? This blog delves into these questions, analyzing the legal frameworks governing freedom of speech, the harms caused by misinformation, and potential strategies to balance these competing interests.

# Freedom of Speech: A Legal Foundation

Freedom of speech is a fundamental right recognized globally under frameworks like Article 19 of the Universal Declaration of Human Rights (UDHR) and Article 19(2) of the International Covenant on Civil and Political Rights (ICCPR). In the United States, the First Amendment to the Constitution protects free expression, subject to narrow exceptions such as defamation, incitement to violence, and obscenity. Similarly, Article 19 of the Indian Constitution guarantees freedom of speech and expression, with reasonable restrictions for public order, morality, and national security.

## **Landmark Cases on Freedom of Speech**

- 1. Brandenburg v. Ohio (1969): The U.S. Supreme Court established the "imminent lawless action" test, ruling that speech is protected unless it incites imminent illegal activity and is likely to produce such action.
- 2. Shreya Singhal v. Union of India (2015): The Indian Supreme Court struck down Section 66A of the Information Technology Act, 2000, as unconstitutional, emphasizing that vague laws restricting online speech violate Article 19(1)(a).

These cases underscore the judiciary's commitment to safeguarding free speech while allowing limited restrictions to prevent harm. However, online misinformation complicates this balance, as its rapid spread can amplify harm without meeting traditional thresholds for restriction.

## The Threat of Online Misinformation

Misinformation refers to false or inaccurate information spread without malicious intent, distinct from disinformation, which involves deliberate falsehoods. The internet's borderless nature and social media's algorithmic amplification exacerbate the reach of misinformation, leading to real-world consequences:

- 1. Public Health: During the COVID-19 pandemic, misinformation about vaccines and treatments led to vaccine hesitancy and non-compliance with health measures. A 2021 study by the World Health Organization estimated that misinformation contributed to thousands of preventable deaths.
- 2. Democratic Processes: False narratives about election integrity, such as claims of widespread voter fraud in the 2020 U.S. presidential election, eroded public trust and fueled unrest, culminating in events like the January 6 Capitol riot.
- 3. Social Harm: Misinformation can incite violence, as seen in the 2018 WhatsApp lynchings in India, where false rumors about child abductors led to mob attacks.

The scale and speed of misinformation dissemination online necessitate regulatory responses, but these must be carefully crafted to avoid overreach.

## **Legal Frameworks Addressing Misinformation**

Governments and international bodies have adopted various approaches to combat misinformation, often sparking debates about their impact on free speech.

## **United States**

The U.S. relies on a minimalist approach to regulating speech due to robust First Amendment protections. Section 230 of the Communications Decency Act (1996) grants platforms immunity from liability for user-generated content, complicating efforts to hold them accountable for misinformation. However, private platforms like X and Meta have implemented content moderation policies, raising concerns about "deplatforming" and censorship.

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- Case Study: Twitter v. Trump (2021): The suspension of former President Donald Trump's account after the Capitol riot sparked debates about private companies' power to regulate speech. Critics argued this constituted censorship, while supporters viewed it as a necessary response to misinformation inciting violence.

## **European Union**

The EU has taken a proactive stance with regulations like the Digital Services Act (DSA) (2022), which mandates platforms to address illegal content, including misinformation, while respecting fundamental rights. The EU's Code of Practice on Disinformation (2018) encourages voluntary cooperation among tech companies to counter false information.

- Case Study: Germany's NetzDG (2017): This law requires platforms to remove illegal content within 24 hours, with hefty fines for non-compliance. Critics argue it incentivizes over-censorship, chilling free speech.

## India

India's Information Technology (Intermediary Guidelines and Digital Media Ethics Code) Rules, 2021, impose due diligence obligations on platforms to remove misinformation proactively. However, provisions allowing government-directed content removal have raised concerns about authoritarian overreach.

- Case Study: Kunal Kamra v. Union of India (2021): Challenges to the IT Rules highlighted tensions between state control and free expression, with petitioners arguing that vague definitions of "misinformation" could suppress dissent.

## **International Perspectives**

The UN Special Rapporteur on Freedom of Expression has emphasized that restrictions on misinformation must meet the ICCPR's three-part test: legality, necessity, and proportionality. Blanket bans or vague laws risk violating this standard, as seen in countries like Singapore, where the Protection from Online Falsehoods and Manipulation Act (POFMA) (2019) has been criticized for enabling government censorship.

## **Ethical Considerations**

The debate over regulating misinformation extends beyond legality to ethical dilemmas. Key considerations include:

- 1. Individual Autonomy: Restricting speech, even if false, may undermine individuals' ability to discern truth through open debate, as argued by John Stuart Mill in \*On Liberty\* (1859).
- 2. Platform Responsibility: Tech companies face pressure to moderate content, but their opaque algorithms and inconsistent enforcement raise questions about accountability and bias.
- 3. Public Harm vs. Free Expression: Balancing the harm caused by misinformation (e.g., health risks, violence) with the societal value of free speech requires nuanced judgment. Overregulation risks creating a "slippery slope" toward censorship, while underregulation may exacerbate harm.

# **Challenges in Regulating Misinformation**

- 1. Defining Misinformation: The subjective nature of "truth" complicates regulation. For instance, scientific consensus evolves, as seen with early COVID-19 guidance on mask-wearing, which was later revised. Labeling such evolving information as "misinformation" risks stifling legitimate debate.
- 2. Enforcement Consistency: Platforms struggle to apply content moderation uniformly across diverse cultural and political contexts.
- 3. Global Disparities: Differing legal standards across jurisdictions create regulatory fragmentation, allowing misinformation to proliferate in less-regulated regions.
- 4. Chilling Effect: Fear of penalties or deplatforming may lead users to self-censor, undermining free expression.

#### **Potential Solutions**

Balancing freedom of speech with the need to combat misinformation requires multifaceted approaches:

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- 1. Transparent Content Moderation: Platforms should publish clear guidelines and appeal processes for content removal. The Oversight Board established by Meta in 2020 serves as a model for independent review.
- 2. Fact-Checking Partnerships: Collaborations with independent fact-checkers, as practiced by X and other platforms, can counter misinformation without heavy-handed censorship.
- 3. Media Literacy Programs: Educating users to critically evaluate information can reduce the impact of misinformation. Initiatives like the EU's Media Literacy Toolbox (2020) are promising examples.
- 4. Targeted Regulation: Laws should focus on specific harms (e.g., incitement, health misinformation) rather than broad restrictions. The EU's DSA provides a framework for proportionate regulation.
- 5. Algorithmic Accountability: Platforms must disclose how algorithms amplify content, enabling oversight to prevent the prioritization of sensationalist misinformation.
- 6. International Cooperation: Global standards, such as those proposed by UNESCO's Guidelines for Regulating Digital Platforms (2023), can harmonize efforts while respecting free speech.

#### Conclusion

The tension between freedom of speech and online misinformation is a defining challenge of the digital age. While misinformation poses undeniable risks to public health, democracy, and social cohesion, overly restrictive measures threaten the foundational principles of free expression. Legal frameworks must evolve to address these challenges without compromising democratic values. By combining transparent platform policies, targeted regulations, media literacy, and international cooperation, societies can mitigate the harms of misinformation while upholding the right to free speech. As Justice Louis Brandeis famously stated in Whitney v. California (1927), "The remedy to be applied is more speech, not enforced silence." In the digital era, this principle remains a guiding light for navigating the complex interplay of truth, freedom, and responsibility.

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